

2015-2016  
**ANNUAL REPORT**

You are MORE  
than your  
ReFEction



**renewED**

EATING DISORDERS SUPPORT

# FINANCIAL HIGHLIGHTS

FISCAL YEAR ENDING JUNE 30, 2016

## STATEMENT OF ACTIVITIES

### REVENUE

Donations	\$198,530
Sponsorships	\$46,800
Grants	\$16,800
Registration/Ticket Sales	\$16,582
Membership Dues	\$6,203
Interest Income	\$84

**TOTAL REVENUE** **\$284,999**

### EXPENSES

Program & Services	\$182,851
Fundraising & Administrative	\$78,344
Rebranding Initiative	\$13,596

**TOTAL EXPENSES** **\$274,791**

**INCREASE IN NET ASSETS** **\$10,208**

## INVESTMENT OF RESOURCES



- Program & Services
- Fundraising & Administrative
- Rebranding Initiative

## PROGRAM SUMMARY

Annual Forum	\$30,517
PaintED: Art Therapy Program	\$27,431
Awareness/Online Education	\$21,400
Find Help: Treatment Referrals	\$18,752
NEDA Walk	\$14,234
Educational Events & Trainings	\$11,915
SupportED: Support Groups	\$11,454
Lunch & Learns	\$9,369
MentorED: Partners in Recovery	\$8,966
BalancED: Body Positive Yoga	\$8,940
Educated: Speakers Bureau	\$7,995
Clinical Network	\$6,707
PreventED: The Body Project	\$5,171

**TOTAL EXPENSES** **\$182,851**

## STATEMENT OF FINANCIAL POSITION

### ASSETS

Cash	\$166,960
Accounts Receivable	\$14,826
Prepaid Expenses	\$7,235
Office Equipment and Furniture	\$7,169

**TOTAL ASSETS** **\$196,190**

### LIABILITIES

Deferred Revenue	\$11,025
Payroll Liabilities	\$2,745

**TOTAL LIABILITIES** **\$13,770**

### NET ASSETS

Unrestricted	\$172,212
Net Income	\$10,208

**TOTAL NET ASSETS** **\$182,420**

**TOTAL LIABILITIES AND NET ASSETS** **\$196,190**



# DEAR FRIENDS,

## TO SAY THAT IT HAS BEEN AN EXCITING TWELVE MONTHS AT RENEWED JUST BARELY SCRATCHES THE SURFACE!

Thanks to your generosity and support, the 2015/2016 fiscal year marks the achievement of our biggest milestones yet. Not only am I referring to dollars raised (please refer to the financial snapshot above), but the excitement and momentum generated by you – our amazing community – has propelled us forward, allow us to reach and impact more individuals in need of our help than ever before.

For 14 years, your generosity has molded us into an essential resource for sufferers of eating disorders and those who support them. Begun as a coalition of professionals brought together by their passion for treating this widespread, yet harmful disease, this organization has grown in influence and service to provide programs, treatment referrals, a supportive community and – most importantly – *renewed* hope to those seeking recovery, around the clock and free of charge.

Over the past year, we have undergone a thoughtful and exciting rebranding process to reflect our wider and more robust capabilities and to amplify our mission. As you may have heard, we have carried the Eating Disorders Coalition of Tennessee into the beginning of a new chapter as **Renewed, Eating Disorders Support**. With excitement, we announced the organization's new name in February of this year and are grateful to our community for rallying around this transition with positive energy and support. You continue to play a significant role in helping others find courage in the recovery process and hope for a renewed future. Thank you for making that possible.

We hope that you've kept up to date with our work and progress presented in the *Renewed Review* – a quarterly publication that we created to share program outcomes and updates with you throughout the year. If not, you may find them on our website ([renewedsupport.org/about/organizational-reports](http://renewedsupport.org/about/organizational-reports)).

## HERE ARE A FEW OF THE HIGHLIGHTS FROM THE PAST TWELVE MONTHS:

- Provided personalized assistance to **135** individuals and families in need of recommendations for eating disorder treatment. At least **950** more utilized our online “Find Help” database to locate specialized treatment resources.
- Launched the Partners in Recovery mentor program, which matches individuals in recovery with those working towards recovery from an eating disorder. We currently have **6** individuals actively serving as mentors and are excited to expand this group over the next year.
- Spoke to a variety of groups about eating disorder education and awareness, including Girl Scouts camp counselors, high school and college students, Vanderbilt athletes and coaches and church youth group leaders.
- Trained approximately **200** clinicians on eating disorder warning signs, intervention and treatment protocol.

In the pages that follow this letter, you'll see the names of our friends and supporters who made our work and vision possible for the 2015/2016 fiscal year. Thank you again from the bottom of our hearts. We hope you will consider how you can continue to make a difference over the next twelve months, encouraging resilience, courage and hope in all who are impacted by eating disorders.

With gratitude,

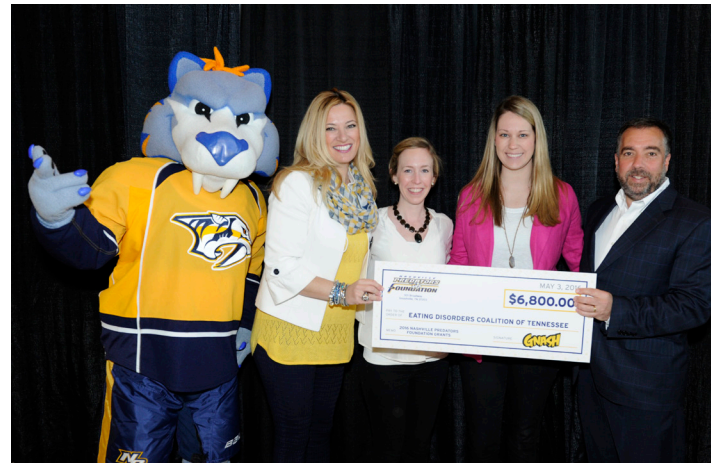
Kathleen Morphis Yabroudy, President



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# EDCT/RENEWED TIMELINE

**1999:** Reba Sloan and Ovidio Bermudez brainstorm their ideas for EDCT over lunch in Nashville

**2002:** EDCT receives its official nonprofit status from the state of Tennessee

**2003:** EDCT launches its first support group, Families Supporting Families, in Nashville and Memphis

**2004:** EDCT holds its first Annual Forum for Professionals – the first ever annual eating disorders conference to be held in the Southeast

**2005:** EDCT hires its first full time Executive Director and the organization shifts to a broader approach for helping individuals impacted by eating disorders

**2006:** EDCT receives The Frist Foundation Award of Achievement at the Center for Nonprofit Management's Salute to Excellence Awards

**2008:** EDCT's volunteer and clinical referral networks begin to grow

**2010:** EDCT develops its Speakers Bureau program to educate schools, organizations and other community audiences on eating disorders

**2011:** EDCT establishes Tennessee's only support group specifically tailored to college-aged women

**2013:** EDCT establishes itself as a critical resource for one on one treatment referrals

**2014:** EDCT's programs dramatically increase to include art therapy, yoga and additional preventative education

**2015:** EDCT undergoes a thoughtful and exciting rebranding process to amplify its mission and becomes Renewed



# HOW YOU CHANGE LIVES

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**"I CAN ATTRIBUTE SO MUCH OF MY RECOVERY TO THE CO-ED GROUP. IT HAS CONNECTED ME WITH OTHERS THAT UNDERSTAND MY JOURNEY AND PROVIDES ME WITH A SPACE IN WHICH I AM SUPPORTED AND ENCOURAGED. I AM IMMENSELY GRATEFUL TO KNOW AND WALK WITH THE INDIVIDUALS IN THIS GROUP, AND OUR MEETINGS ARE ALWAYS THE HIGHLIGHT OF MY WEEK!" -CO-ED SUPPORT GROUP PARTICIPANT**

**"I AM SO GRATEFUL FOR THIS EXPERIENCE. THERE ARE NOT ENOUGH WORDS TO EXPRESS HOW MUCH THIS GROUP HAS MEANT TO ME" -KATIE, PAINTED PARTICIPANT**

**"CONNECTED IS SO IMPORTANT BECAUSE MANY WHO HAVE BEEN IN RECOVERY/RECOVERED FROM AN EATING DISORDER FOR MANY YEARS CAN LOSE THE SUPPORT THAT COMES WITH BEING NEW TO RECOVERY. THE SENSE OF COMMUNITY OF A GROUP THAT CAN BE VULNERABLE AND HONEST ABOUT WHERE THEY HAVE BEEN AND WHERE THEY ARE NOW IS IRREPLACEABLE AND A PART OF ONGOING GROWTH. CONNECTED IS A PLACE FOR PEOPLE WHO HAVE STRUGGLED WITH AN EATING DISORDER IN THE PAST TO REMEMBER THE IMPORTANCE OF THEIR STORY." -KRISTIN FLOW, CONNECTED SUPPORT GROUP PARTICIPANT**

**"THE PIR PROGRAM HAS BEEN A HUGE BLESSING FOR ME OVER THE PAST COUPLE MONTHS. THE PERSON I WAS PLACED WITH COULD NOT HAVE BEEN A BETTER FIT! SHE HAS SUPPORTED ME IN WAYS I NEVER THOUGHT POSSIBLE! IT'S BEEN A TRUE LIFE SAVER FOR ME THROUGH MY RECOVERY PROCESS. I AM VERY THANKFUL FOR THIS PROGRAM." -MICHELE, PIR PROGRAM PARTICIPANT**

**"MY INVOLVEMENT WITH RENEWED HAS BEEN SO EXTREMELY FULFILLING. AS SOMEONE IN RECOVERY, THEY PROVIDE OUTLETS TO CONNECT WITH OTHERS OVERCOMING THE SAME OBSTACLES AS MYSELF IN A SAFE AND INVITING ENVIRONMENT. AS A VOLUNTEER, THEY OFFER MANY WAYS TO ENGAGE WITH OTHERS AND GIVE BACK TO THE COMMUNITY. THEY PROVIDE AN ORGANIZATION THAT HAS MADE MYSELF AND MANY OTHERS FEEL NOT SO ALONE IN A HUGE BATTLE WE OFTEN FACE." -MACKENZIE, VOLUNTEER**

**"RENEWED, FORMERLY EDCT, HAS BEEN A GREAT RESOURCE FOR ME BOTH PROFESSIONALLY AND PERSONALLY AS WELL AS AN EXCELLENT RESOURCE FOR PATIENTS AND FAMILIES. IT ALLOWS PROVIDERS CARING FOR ADOLESCENTS AND YOUNG ADULTS WITH EATING DISORDERS TO NETWORK AND FIND AVAILABLE RESOURCES WHICH ARE MUCH NEEDED IN THIS AREA. IT ALSO PROVIDES A PLACE FOR PARENTS AND PATIENTS TO SEEK SUPPORT FOR THEIR OWN EXPERIENCE WITH AN EATING DISORDER." -MARY ROMANO, MD, BOARD MEMBER**

**"IN DEALING WITH OUR DAUGHTER'S EATING DISORDER WE FOUND IMMEASURABLE SUPPORT THROUGH FAMILIES SUPPORTING FAMILIES! I CAN'T IMAGINE HAVING GONE THROUGH THIS JOURNEY ALONE. THIS GROUP IS TRULY A SAFE AND SECURE HAVEN FOR THOSE WHO ARE TRYING TO SUPPORT THOSE THEY HOLD SO DEAR! SO THANKFUL AND BLESSED THAT WE HAVE THIS EXTENDED FAMILY TO HELP US THROUGH THIS JOURNEY!" -FAMILIES SUPPORTING FAMILIES PARTICIPANT**





EATING DISORDERS SUPPORT

2120 Crestmoor Rd., Ste. 3000  
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615.831.9838

**GIVE NOW!**

**[WWW.RENEWEDSUPPORT.ORG/GIVE](http://WWW.RENEWEDSUPPORT.ORG/GIVE)**

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