

2016-2017
ANNUAL REPORT



PaintED Art Therapy participant art work



renewED

EATING DISORDERS SUPPORT

FINANCIAL HIGHLIGHTS

FISCAL YEAR ENDING JUNE 30, 2017

STATEMENT OF FINANCIAL POSITION

ASSETS

Cash	\$141,550
Accounts Receivable	\$155,030
Prepaid Expenses	\$7,199
Office Equipment and Furniture	\$626
TOTAL ASSETS	\$304,405

LIABILITIES

Payroll Liabilities	\$3,192
TOTAL LIABILITIES	\$3,192

NET ASSETS

Unrestricted	\$176,000
Net Income	\$125,213
TOTAL NET ASSETS	\$301,213
TOTAL LIABILITIES AND NET ASSETS	\$304,405

PROGRAM EXPENSE SUMMARY

Support Groups	\$70,658
Other Programs	\$48,364
REDC	\$39,040
TOTAL EXPENSES	\$158,062

STATEMENT OF ACTIVITIES

REVENUE

Donations	\$283,021
Sponsorships	\$46,125
Grants	\$5,000
Registration/Ticket Sales	\$36,025
Membership Dues	\$7,720
Interest Income	\$84

TOTAL REVENUE	\$377,975
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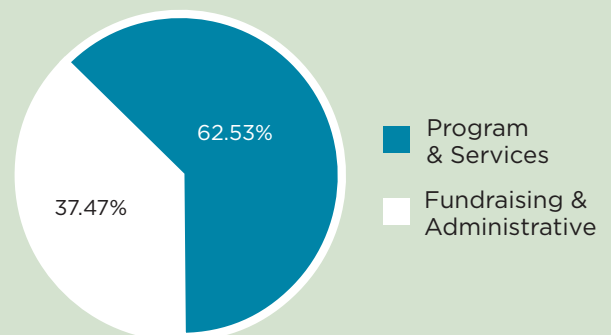
EXPENSES

Program & Services	\$158,062
Fundraising & Administrative	\$94,700

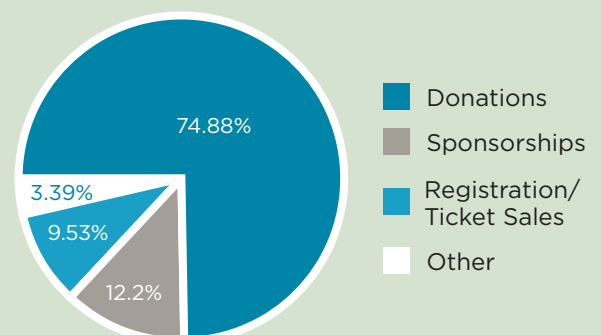
TOTAL EXPENSES	\$252,762
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INCREASE IN NET ASSETS	\$125,213
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INVESTMENT OF RESOURCES



REVENUE BY TYPE



A LETTER FROM OUR PRESIDENT AND CEO...

TRANSITION AND TRANSFORMATION. This was the resounding theme for the past fiscal year at Renewed!

In early 2017, the Renewed leadership unveiled Vision 2022, our six-year strategic campaign to advance the impact of Renewed throughout the state of Tennessee. This initiative provides a clear roadmap for the organization's growth and expansion - to achieve **Awareness** as the "go-to" resource for eating disorders, **Support** to include program expansion across the state, and **Infrastructure** to lay the groundwork for the implementation of these goals.

Our Thrive campaign was also launched at this time, and has already raised more than \$200,000 in pledges to date. This critical funding will help us build the infrastructure to serve more individuals, offer more support groups and therapeutic programs, and deepen our impact in the Middle Tennessee community and beyond.

As momentum of the campaign continues to build, it has been my honor to serve as the new President and CEO of Renewed as of June 2017. Since our official founding in 2002, Renewed has been a singular and vital resource to those impacted by eating disorders and their family and friends who support them. I am truly grateful to lead this life-changing organization as we move forward in bringing the vision of Thrive to life!

There is much work to do and the need for our services is great. With 1 in 10 Americans developing an eating disorder at some point in their life - chances are, all of us know someone who has been impacted by this illness. And, in Davidson county alone, 1 in 5 are diagnosed with a mental illness with half of these cases including an eating disorder. Your support is the key ingredient to our success in meeting the growing need and helping us make a lasting, transformative impact on the mental and physical health of our community.

We are so very grateful to the many donors, sponsors and partners who make our work possible - including offering all our services free of charge. We look forward to building our future with you and turning a page in this new chapter of transformation and expansion. Thank YOU for being such an important part of our work and vision!

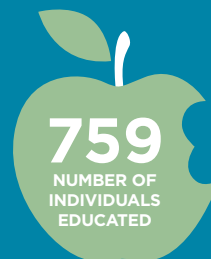
With heartfelt gratitude,

Deborah Sandvik, President and CEO



\$2000

The average cost eating disorder residential treatment per day, out-of-pocket



on the recognition & intervention of eating disorders

58%

Number of college-aged girls who feel **PRESSED** to be a certain weight

2

The average number of lectures medical students receive during 4 years of medical school

30 MILLION

Number of individuals affected by **EATING DISORDERS** in the us

1 IN 10



Number of individuals who have an eating disorder & get help

100%

Number of current participants that reported they will continue to participate in Renewed's programs & services



207

Number of **FREE SUPPORT GROUPS OFFERED** including art therapy, music therapy & therapeutic yoga

1.3 MILLION

Number of teenage girls in the US who have

ANOREXIA

1004

Number of individuals who received a personalized treatment referral or accessed resources through **RENEWED'S WEBSITE**

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IN HONOR OF SOUTHEAST PSYCH

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Timberline Knolls
Veritas Collaborative

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Kristin Finch
Mackenzie Fox
Tamanna Kabir

BECAUSE OF YOU...

“Because of you, I’ve been able to attend PaintED where I’m able to express myself through watercolors, collaging, altering books, and so many other mediums. I’m able to put onto paper the things I struggle to say and am able to expand my support system by connecting with other people who understand what it’s like to struggle with an eating disorder and body image issues.” –Michelle, PaintED participant

“Vocalizing the ups and downs of my recovery to other people who ‘get it’ has been validating, reassuring and calming in so many ways. I always feel both relieved and encouraged after group sessions.”
–CO-ED participant

“We are fortunate to have a family support group for eating disorders here in Nashville. Families Supporting Families provides a warm, inviting, and supportive environment to assist family members dealing with their loved one’s illness. My husband and I have attended for over 7 years now and find it to be a place of comfort, caring and sharing which provides insight for a disease that can be so overwhelming.” –Sue, Families Supporting Families participant

“I’ve spent decades suppressing my feelings and isolating myself. The isolation has fueled my eating disorder. Renewed has helped me to start to feel some of my feelings as well as start to build some safe relationships I wouldn’t have otherwise.”
–Anonymous PaintED participant

“I’ve learned that having support from other people who are going through the same thing is vital to my recovery. Eating disorders grow in isolation, so connecting with others who are on the same journey to recovery has been an eye-opening experience. I’ve realized that I am not alone.” –ConnectED participant

“Please know that the time and effort y’all put into Renewed groups IS MAKING A DIFFERENCE. Thank you! I feel like I’m coming back into myself again! I realize now that I need to be connected to recovery in some way that is outside of myself. I need to connect to others in recovery. I see that now.” –ConnectED participant

“Because
of Renewed
I breathe
deeply, let go
of worries and
am a part of
a nourishing
community.”

–Anonymous
BalancED
participant

“Through participation in Renewed’s creative programs, I’ve learned to get out of my head space and let the creative side of my brain express what is really going on inside to begin to heal.”
–Renewed program participant

“Slowly but surely, my discussions on that couch at Renewed led to a new outlook on truth and community, on what it means to share your story and how it can empower others in their own journey.”
–Kristin Finch, Renewed volunteer



EATING DISORDERS SUPPORT

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